

# IGNITE! YOUR INNER LIGHT

Program Description

January 2025

## Become the Light You Want to See in the World!

### Transmute into an Evolved Human Being

**Incarnating during this epoque of the earth's evolutionary cycle, we have chosen the unique opportunity to transmute to a higher version of what it means to be human. Are ready to Ignite! your inner light and co-create the New Earth we, living beings, yearn for? If so, this program is for you!**



### Radiance Means Health and Beauty

Your health depends on the amount of light your cells generate, conduct and emit. The more light your body sends out, the healthier you are: physically, emotionally, mentally and spiritually.

Even your DNA emits light! Inversely, light communicates with DNA and can activate or suppress gene expression. We are light beings, you see. It's the very foundation of what living beings, and even inert matter, are: Everything is energy. One expression of energy is light. If you are familiar with the chakra system, you know that the chakras absorb and emit energy/light, and the better they do so, the healthier they, hence you, are. This has been known for thousands of years.

"I am a completely new person compared to what I was before meeting Irma: full of energy, lots of positive thoughts, lots of strength. It's like magic! You are like an angel to me." *Amit H., Australia*





## The Transition of the Ages

In the program Ignite! Your Inner Light, we focus on increasing your light quotient. For one because it automatically increases your wellbeing, at every level. Just as importantly, your personal upgrade con-

tributes to the vibrational leap the planet herself is currently undertaking!

You must have heard the rumbling. We are witnessing the monumental shift from one era of the earth's evolutionary cycle to another, from the Kali Yuga (the Age of Darkness and Conflict), to the Satya Yuga (the Golden Age of Truth and Righteousness). This transition causes considerable upheaval, both on the planetary as well as on the personal front. Crisis is the catalyst for transformation, and this is what the earth is undergoing. Make the most out of this opportunity for a quantum leap in consciousness. Become a conscious co-creator and ride the monumental wave into your highest potential with her!

## Shine the Light of Awareness into Your Shadow

Like archeologists, we begin by digging out of your subconscious mind what dims your natural brightness. We then remove or transmute these blockages. We shine the light into your shadow, the areas in your subconscious that you avoid because they seem too scary. You see, we tuck away trauma, painful memories and unloved aspects of ourselves because we dread facing them. But unless we do so, we carry around a heavy load that will keep weighing us down, as well as diminishing our radiance. This shadow work is crucial to increasing your consciousness and raising your frequency. Which also translates to better health and a more joyful life!

"Irma, you have changed my life - because in knowing you, some of the most important relationships in my life have changed immeasurably for the better. You have helped me restore such harmonious, happy, positive relations with my family! Thank you from the bottom of my heart. I am full of gratitude and love for you."

Vicky W., UK

## Guarantee

*You will reach the desired outcome and reap the full benefit of your investment provided you:*

*"show up" to for the sessions,*

*complete the assignments given to you, use the included products,*

*apply the tools I provide you with on a regular basis,*

*make the payments on time.*

*I will work with you until the time we both feel that you have accomplished what you set out to achieve.*



## Help Us Bring In the New Earth!

As your frequency rises, you not only improve your own well-being. Your positive effect on your surroundings—and beyond - becomes more impactful at the rate that your consciousness increases



Rather than joining the technocratic, transhumanist timeline, and thus inviting darkness by denigrating life, are you ready for more truth, life, beauty and harmony? If you too desire to participate in the shift to a higher dimension, this program is for you. Help us, those who are alive and aware, bring in the New Earth!

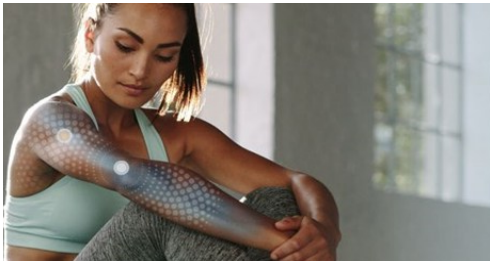
## Better Results, Faster with Futuristic Stem Cell Renewal Light Technology!

In a novel approach, this 4-month program includes the daily use of a futuristic light technology by LifeWave: 3 types of non-invasive, non-transdermal



patches with an organic crystalline lattice, programmed to reflect your own body heat/light back at a specific frequency to trigger the desired reactions. These technologies work synergistically and optimize your own inner work. **You will see even more amazing results, even faster!**





## Included Products

**4-month supply of 3 types of LifeWave Phototechnology patches: X39, Y-Age Aeon and**

### **Alavida. Their main benefits:**

- Activation / restoration of your own stem cells to healthier, more youthful state
- Reversing biological age by 1/3, naturally!, and renewing 1/3 of genome
- Prolonging lifespan through stem cell activation and lengthening and strengthening of telomeres
- Increasing your inner light, vitality and radiance
- Prevention and relief from health issues
- Reducing inflammation and oxidative stress (causes of disease and aging)
- Increased melatonin production: enhanced sleep and immune system
- Increased energy
- Improved mental clarity
- Balanced hormones and nervous system
- Elevated vibration and mood
- Activated Master/Pineal Gland (and connection to Source)
- Improved, firmer skin (increased collagen production), less wrinkles, scar tissue disappears and repair of internal membranes, incl. leaky gut
- Enhanced sports performance and faster recovery

## Format

- 6 x 90 min. Transformational Coaching sessions, one-on-one.
- 6 x 60 min. Mentoring sessions, one-on-one.
- 4 x 45 min. Transformational Healing Sessions, one-on-one.
- Email support between sessions.
- Assignments between sessions.
- Daily use of Light Technology patches for increased health, youth, vibrancy.

## Included Tools

- Goal Setting
- Strategic Visioning
- 2-3 Hypnosis Recordings to address your specific needs
- Releasing through Writing
- Worry Buster and more, according to your particular needs...

## Bonus Material

- Guided Meditation
- HeartMath Technique

**Please contact me for the Fee**

## Contact Me

Give me a call for more information about my services and programs.

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