

TRANSFORMATIONAL COACHING PROGRAM

Program Description

October 2021

Unlock Your Hidden Potential

You want to take your life to the next level! Be it relief from pain, your desire to be youthful and radiantly healthy, or dysfunctional beliefs and values you want to change...The Transformational Coaching Program, a holistic and result-oriented approach, focuses on a key issue that once resolved, will turn your life around. It allows you to address the whole spectrum of existence: from physical challenges to emotional issues, mental blocks, financial difficulties and spiritual crisis.

Leave dysfunctional patterns and behaviors behind

By breaking through unhealthy patterns and removing negative emotions from your energy field, you stop the vicious circle so many are stuck in where they attract similar undesirable circumstances over and over again because their energy field, according to the law of attraction, magnetizes more of the same. Instead, because your subconscious program has changed, your life will change as if by miracle, automatically!



“Irma’s love has been beyond the imaginable. Through her love, her kindness and her gift, she has allowed me to be reborn. After 42 years of dread and death, I have been liberated of everything. Finally I live, I am
alive!

A life flooded with an altruist, limitless love, a state of completion and happiness, all anchored in the present moment.

A man just happy,
Olivier Vinchon, France

Align with your true purpose

Rather than repeating old patterns, move on to a life of your choice! By reprogramming your subconscious mind with values and beliefs that you consciously choose, your quality of life greatly increases. You will be surprised as to how your relationships suddenly improve as if by miracle! You will be able to truly show up in life, be authentic, in alignment with your purpose, and experience the success you have been yearning for!

Obtain Results

The Transformational Coaching program is results-oriented. You decide what desired outcome you want to attain that is most important to you. I help you get there.

"Irma you are an incredible healer. When I met you, because of a slipped disc in my lower back, I couldn't even move! In the Transformational Coaching Program, you used various different techniques, with a lot of heart and intuition to heal me. And you worked quickly, so deeply, at all levels: it is true, the physical, energetic, emotional and spiritual aspects of my being have been treated ...I have really experienced it with you: I have come to understand that these elements are all part of one chain.

You are gifted with a vast technical knowledge of the body and a highly intuitive understanding of and approach to what is needed in one's particular case. The work I have done with you is changing me, I feel and experience it, as you have given me a lot of insights, flashes, tools and deep understanding of how to switch patterns. I feel empowered to send positive and healing messages to myself. Thank you so much Irma! "

Floy Krouchi, musician, France

"You have helped me so much, and I have gained so much wisdom from you. It's been one of the highlights of my life really, getting to know you.

So thank you, again :)"

S. N., India



Guarantee

You will reach the desired outcome and reap the full benefit of your investment provided you "show up" to for the sessions, complete the assignments given to you, apply the tools I provide you with on a regular basis and make the payments on time. I work with you until the time we both feel that you have accomplished what you set out to achieve.

"Irma, you are amazing and truly gifted in helping people overcome their fears, phobias, clarify their vision, re-program and fine tune themselves. This program was a very challenging experience for me, however nothing compared to the many positive changes I made in my life soon thereafter. All sessions were meaningful, impactful and, most importantly, successful by applying a "never give up" attitude. You have a strong positive aura and healing energy. Thank you again for your invaluable trust and help!"

*Franck, HR Consultant,
Singapore*

Free from the Past

Most people are held prisoners by their past. You have a choice: You can keep doing what you have been doing, or you can release old trauma and the chains of the past to create the life of your dreams.



Appointments

Normally, the sessions are weekly at a time that is suitable to both of us. If an appointment needs to be re-scheduled, I require a **48 hour notice**. In the case of a short term cancellations, I will conduct a remote Transformational Healing session instead so that you don't forfeit your appointment and get to benefit, even if you are not present. Should I feel that a change in schedule would help with the process, I will also let you know at least 48 hours in advance.

Preparation:

You will receive instructions to help you define the desired outcome that you want to work towards. This is the basis of our work. Once the goal is set, you write a description of your new life, after having attained your goal. You send this to me before our first Transformational Coaching session.

5 Steps To Success



Step 1)

Helping you find and define your desired outcome. What is the most burning aspect of your life you want to transform? How do you want your life to look?

Step 2)

Discovering the root causes of your issues, pain, blocks and undesirable results of the past.

Step 3)

Uproot the causes of your problems, eliminate dysfunctional beliefs and negative emotions; reprogram the brain for success and happiness.

Step 4)

Results check: We work together until we both agree that you have achieved your desired state/outcome.

Step 5)

Continued mentoring support: Helping you stay on track, anchor the changes and resolve any additional issues that may surface.

Format

- 5 x 90 min. Transformational Coaching sessions, one-on-one.
- 4 x 60 min. mentoring sessions, one-on-one.
- 4 x 45 min. Transformational Healing Sessions, one-on-one.
- Email support between sessions.
- Assignments between sessions.
- Especially designed tools and audio-visual support to accelerate and enhance your customized process.

Included Tools

- Goal Setting
- Strategic Visioning
- 2-3 Hypnosis Recordings to address your specific needs
- Releasing through Writing
- Worry Buster
- And more, according to your particular needs...

Bonus Material

- Guided Meditation

Please contact me
for the Fee

Contact Me

Give me a call for more information about my services and programs.

Irma Bättig

+91 845 200 6951

Irma@irmabattig.com

Visit me on the web at
www.irmabattig.com

IRMA BATTIG The Emotional Wealth Coach

+91 845 200 6951; Irma@irmabattig.com; www.irmabattig.com